



NEWS LETTER 2019-01 ORANGECUP EINDHOVEN – THE NETHERLANDS

This year is the 5th edition of the OrangeCup in the swimming hall De Tongelreep in Eindhoven, on 30-Novemembr and 01-December.

In October-2019 the ILS published the new Competition Rule Book (www.ilsf.org), which we will also apply at the OrangeCup Competition.

The main changes are mentioned below (copy form ILS Competition RuleBook):

- 3.3.2 The manikin carry rules have been amended to remove the disqualification for carrying the manikin on an angle towards the pool bottom or face down.
- 3.3.3 The manikin towing rules have been amended to remove the disqualification for a manikin rotating within the rescue tube providing the head remains above the water.
Note 1: The line of the rescue tube must still be fully extended by the time the top of the manikin's head passes the 10 m line.
Note 2: It is also clarified in the towing events that Rescue tubes may be worn either with the loop over one or two shoulders, or over the shoulder and across the chest.
- 3.3.3 The requirement to secure the manikin under both arms at the 5m mark has been modified to securing the manikin within 10 m mark.
- 3.13 Amendments to the Line Throw event include:
Clarification that the victim can slide their hand anywhere along the cross bar but must be grasping the bar when touching the line with any part of their body and when grasping the line.
Clarification that throwers must keep at least one foot wholly within the inside edge of the throw zone, either on the ground or in the air above the throw zone. Any part of the thrower's feet may cross over the front of the "pool edge" of the throw zone without penalty.
- 3.14 Specific amendments to the Medley Relay include:
The mid pool changeover line has been to 5 meters. Clarification that competitors not involved in a change must stay clear of an exchange.



- 3.16 Specific amendments to the Medley Relay include:
The victim must be in contact with the rescue tube before passing the 10 m line. The victim may grip the main body of the rescue tube or clip but not the rope
- 3.17 Specific amendments to the Pool Lifesaver Relay include:
The exchange between the second and third competitor. The exchange between the third and fourth competitor.
Teams are permitted to select their own gender order.

Announcement:

As organizers we are always investigating how we can make the OrangeCup competition more attractive for competitors and teams.
To make the relays more attractive, which means in our opinion also more teams, we decide to allow clubs to subscribe with maximum two teams per category in the relay events.

We are looking forward to your participation in this event.

See you all in Eindhoven,

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